

Monday, March 3, 2008

More and more young people are suffering of Chronic Fatigue. *(Next-up file : [Chronic Fatigue Syndrome – CFS](#))*



More and more young people complaint of chronic fatigue.

According to an enquiry (research survey) led by Professor Greta Moorkens from the university hospital of Antwerp (UZA), the phenomenon hits more girls than boys. One complaint over ten addressed to doctors is about tiredness.

Two medicine students or Prof. Moorkens have investigate the cases of 65 patients between 12 and 25 years old who felt continuously tired since more than 6 months without any apparent reasons. The mean age at which this tiredness situation was felt is 16 years old. "No serious sickness was at the origin of this fatigue for any of these patients", argues Prof. Moorkens. The young people were complaining however of physical pains.

"More than half of them were complaining of low blood pressure, of cold feet and hands, of pallor, of non explained perspiration or arthralgy (articular pains)". Girls are suffering more than boys of chronic fatigue. More than half of young people who were taking part at the survey were also absent of school during long periods of time, sometime more than 6 months.

The reasons of this tiredness are not known. The stress is however put forward of this situation. (belga).

(Next-up file : [Chronic Fatigue Syndrome – CFS](#))

(Next-up file : [Micro Wave Syndrome – MWS](#))