

Testimony



Marie-Christine

*I'm no longer
electrosensitive*

ENVIRONMENTAL DISEASES: WHEN THE MEDICAL PROFESSION "CAN'T HELP YOU"

My electrosensitivity showed up in late 2004 after a boat trip where I'd spent the day on the deck close to the mobile phone antennas, the radar and GSM probably, and the night also not far from them. It was the straw that broke the camel's back, a journey I made by boat in order not to add to greenhouse gases by taking the plane. I'd already been given a lovely present of a wireless phone on the bedside table, an electric transformer under the bed, mobile phone antennas very close and the terminal of some electrical wiring, to mention only the most powerful sources of electromagnetic radiation.

At the time I could no longer even walk beside a river (the friction of the water molecules releases atoms and creates an electrical field), my legs felt like cotton wool and I felt as if I was going to fall over.

When I was exposed to electromagnetic fields, all sorts of symptoms could appear: inflammation of the thyroid and severe pains (I suffer from the auto-immune Hashimoto's disease); feeling dizzy, falling sensations, poor coordination between brain and legs; sensations of electrocution of the brain followed by suffocation; problems with my metabolism; heart problems, digestive problems; problems with my sight; joint pains; stabbing pains in my muscles; cramps; sleeping problems; exhaustion; being unable to stand stress, heat, noise, light; difficulty in remembering, concentrating and following through my thoughts and speaking; skin conditions; severe pain in the jaws and teeth; depression - to mention only the mentionable ones.

And as if that wasn't enough, whether exposed to EMFs or not, I entered a charmed world: thickening features, falling hair, silhouette like a pink hippopotamus

In 2005 I put my health in the hands of the medical profession. When I found out they could do nothing I decided in 2006 to take charge of it myself. My first research foray led me to a forum "L'appart" that specialized in a gluten free and dairy-free diet. This diet did me a lot of good. Later that year an article in the magazine *BioContact*, distributed free in health shops, put me on the trail of poisoning from dental mercury so criticized by the late and regretted Dr Mellet. In fact I had many amalgam fillings, some of them overlaid with gold crowns. Gold and mercury can easily exchange their electrons, and the galvanization that this caused in my mouth greatly aggravated my numerous symptoms. I only understood this much later when the last crown was removed.

In December 2006 I realised for sure that I was also electrosensitive when I went to visit one of my children who lived in a high-rise apartment block, on the 16th floor. It was obvious that the 6 relay antennas sited on its roof were very effective in filling the coffers of the Office Public de l'Habitat (formerly the Public Office of Social Housing), to the detriment of the health of its tenants.

In the face of all this I decided to create a healthier environment for myself.

Like many people who are EHS (Electro-Hyper-Sensitive), I had to confine myself in my home, which I'd fitted out with protection from hyperlan radiation (high-speed Internet at 5.4 GHz) and from LF radiation: Faraday cage and shielding of the mains electricity with earthing, among other things. If I chose to leave it, I had to wear garments that protected me against EMFs. In spite of these precautions, every trip resulted in a great deal of pain that was sometimes hardly bearable. If I tried to have some sort of social life I had to turn up with an HF EMF meter so that those present could see with their own eyes that their mobile phones were emitting powerful radiation, and I could hope that they would turn them off. It is worth remembering that Dr Maschi, who was rudely attacked by his colleagues, was already in 1965 warning about the health hazards from artificial electromagnetic wavelengths especially in low frequencies.

During the same period I had my dental fillings and crowns removed and followed a two-year chelation treatment to eliminate the heavy metals.

On the "L'appart" forum I met other people affected by heavy metals and EMFs and we set up another forum specifically for the topic of detoxification from these metals, the forum Melodie (Information and support for heavy metal detoxification)

Through our intense collective efforts we discovered some clues to other therapeutic approaches. One thing was obvious, that our immune systems were very weak, for instance several of us had Lyme's disease.

The most important discovery that our investigations and experiments as "forumers" revealed was probably the work of the American researcher Dr Hulda Clark. She describes how through using an audio oscillator she discovered that the root causes of all illness are environmental pollution and parasites (viruses, bacteria, moulds, amoebas, worms, etc). To restore health she developed a protocol that consists first of all in eliminating all parasites (certain ones block secretions from the organs) and cleaning out the cleansing organs: kidneys, intestines and liver. In fact the fourth liver cleanse removed a quarter litre of gallstones from my liver and cured my electrosensitivity. These cleanses are completely painless and can get rid of gallstones larger than a walnut.

However I still had problems with hypoglycemia and with painful joints, and a severe lack of magnesium. Continuing my research, I discovered that I had chronic candidiasis, a condition described in detail by Dr P-G Besson in his book "Je me sens mal, mais je ne sais pas pourquoi" (*I Feel Bad but I Don't Know Why*). Eliminating sugar from my diet completed my return to feeling well.

Chinese medicine has established a connection between the Hashimoto thyroid condition and chronic candidiasis. This system attributes auto-immune diseases to chronic candidiasis, since *Candida albicans* perforates the intestinal walls in order to feed itself from the lymph and the blood. I cherish the hope that eventually, once the *Candida albicans* has regained its place as common yeast, I will be able to say goodbye to my Hashimoto thyroid condition, which is supposedly incurable. In my case my thyroid, thanks to my gluten- and dairy-free diet (see the work of Dr Seignalet, "L'alimentation ou la troisième médecine" (*Nutrition or the Third Type of Medicine*)) has not changed much and my antibodies are steadily decreasing. After several years of this condition this gland often just about disappears.

After thinking about this painful history and at its almost miraculous outcome, this is my understanding of the facts. This is just a hypothesis, mostly inspired by the work of Dr Hulda Clark.

Candida albicans is electrosensitive, so artificial electromagnetic fields constitute a stress for it.

When I seat myself in front of my computer screen I soon start feeling itches in my back, one of the symptoms of chronic candidiasis.

It is a mould and therefore produces substances that are poisonous for the human body, feeding almost exclusively on sugar. Before the fourth cleanse my liver could no longer eliminate these substances. Dr Clark's theory was that the gallstones compress the cavities in the liver that detoxify the organism. Once these cavities that eliminate the *Candida* toxins had been unclogged by the fourth cleanse, my liver was once again capable of doing its cleaning job.

In a similar way, Dr Clark points out that the "universal allergy", that is to say chemosensitivity, can be cured by cleansing the liver of its numerous gallstones. It is a fact that 75% of people who are chemosensitive are also electrosensitive.

To treat chronic candidiasis it is essential to rebalance the ph of the body (since fungus grows in an acid environment) and to starve the *Candida albicans* to death by following a diet without any added sugar. This can take up to a year, and afterwards a strict diet must be adhered to. The growth of *Candida* is stimulated by, among other things, antibiotics, cortisone, chemotherapy, vaccines and fast foods, and by the pollution of the body by heavy metals and electromagnetic fields. In fact the graphs that indicate mercury poisoning, EMF pollution, Lyme's disease and chronic candidiasis are all more or less the same.

Unfortunately doctors do not receive any training in environmental diseases. As soon as they come up against one of them they readily label it "psychosomatic" - it makes things so much easier! Tomorrow they'll tell us it's "genetic" but that won't make the diseases any better.

So when will they stop just trying to suppress symptoms, and take an interest in finding the cause of our diseases: pollution and parasites, poor eating habits, ineffective cleansing organs or whatever?

Without the Internet and the Melodie forum [Fr], it would have been impossible for me to treat myself successfully.

Marie-Christine

Vous pouvez trouver plus de renseignements sur le forum MELODIE [Fr]:

<http://forum.aceboard.net/index.php?login=177758>

Pour la candidose chronique[Fr]:

<http://www.ateliersante.ch/candida.htm>

<http://www.bioautisme.fr/PDF/01-01-01.pdf>

Pour la maladie de Lyme[Fr]:

<http://www.francelyme.fr/symptomes.html>

Pour la pollution électromagnétique (EMF) [Fr and UK]:

<http://www.next-up.org/NewsOfTheWorld/DatabaseCemEmfPathologies.php#1>

<http://www.next-up.org/pdf/SherrillSellmanCellphoneDangers.pdf>

Pour la pollution au mercure[Fr]:

<http://www.dentiste.org/articles/amalgames.html>

<http://www.non-au-mercure-dentaire.org/>

<http://www.crottaz.ch/amalgames/controverse.html> voir les 4 rubriques : controverse, toxicité, processus d'intoxication, en savoir plus ; à l'intérieur de cette rubrique deux documents (1 et 2) à consulter .