

A photograph of a woman with blonde hair tied back, covering her face with her hands. She appears to be in a state of distress or discomfort. The background is dark, and the lighting is focused on her hands and hair.

# Dominique

*I've been  
irradiated by  
electromagnetic fields*

**Dominique: *"I've been irradiated by electromagnetic fields"***

## **A personal story**

### **Notice to the reader**

This article is not politically correct and will only shock people who don't know anything about this subject. And as the proverb says: "Experience is a candle that enlightens only the person who is holding it." All the same I want to do something to tell people certain facts, as many other unfortunate people have done before me, and will do after me.

## The facts

Whether you have a mobile phone or not makes little difference, what follows may interest you since every human being and all living things are concerned with the issue of artificial electromagnetic microwave radiation. The fact is that certain of our key functions are made possible thanks to electrical impulses: our nervous system (nerves, brain), muscular system, cardiac system and so on.

According to the statistics, on 1 September 2009 there were 59.2 million mobile phone contracts in France for a total population of 63.7 million, with many people having more than one. The annual turnover generated by the industry attains several tens of billions of euros in France alone.

Which means that however many supposedly scientific studies are produced, the debate is bound to be bitter and biased when anybody tries to get a hearing for the truth about the resulting health problems.

Even more so when you think of the astronomical cost of the investments of all kinds that have gone into the development and manufacture of the products, the installations, the advertising, the studies proving how "harmless" they are - and the profits for the shareholders in the phone operating companies!

So that means we'll have to wait for these costs to be recouped - let's say, another 10 years - before the truth about the consequences to our health manages to penetrate this very thick brick wall.

In saying this I'm not making anything up about the way things work nowadays: the scandals about asbestos and contaminated blood are examples and models of what's going to happen with the environmental pollution from wireless technology.

The big difference is going to be in the number of people affected: from the few thousands in these scandals from the past to the hundreds of millions of people in what is probably going to happen in the future - in fact the great majority of the population are going to feel its impact.

But let's focus on a real case history, the good thing about it being that it can be published right away, without administrative authorisation, without any gatherings of pseudo-experts of all kinds, and above all - as things are done nowadays, filling certain pockets - without any lengthy study (preferably very lengthy) requiring hundreds if not thousands of cases as a minimum for being considered representative by scientific standards; and moreover without censure from the main players among the 15,000 or more people working for the lobbies in Brussels, without the prior agreement of any committee appointed by the European Commission, without any concertation with the suppliers of mobile phone services and equipment, and without the cold feet of the media, who live or survive solely thanks to their advertisers.

Of course there are a few exceptions to the rule.

Since a few figures are worth more than a lengthy speech, it is interesting to know that among the 7 largest budgets in the communications business in France there are no less than 3 companies supplying mobile telephony and wireless Internet. Which evidently gives a certain weight to the progress of business and other relations.

True enough, it's only human not to tell the public the truth if it means you are likely to lose your job and join the cohorts of the unemployed. And the more these cohorts grow, the more those who still have a job are going to be afraid to tell the truth about the health situation.

Yes, folks, not only your physical health but your mental health is at stake in all this.

Technological progress is a good thing, great even, as long as it doesn't mean regressing irreversibly in other matters. Is not true Progress intended uniquely for Man's greater good?

If that is not the goal in the present case, then it has more to do with private - very private - interests that all too often operate without good faith or guiding principle, except that of money.

It is true too that in our society, corrupt as it is and avid to promote consumption, the priority is often given to spending a fortune on research and on ways to repair the damage caused by our lifestyle instead of trying to eradicate the causes of the resulting problems. It's obviously much more profitable to treat the results rather than the causes: fees for the doctors, medication and tests for the laboratories; when unemployment is everywhere, some people still have, and still will have, work to do.

As someone who for a number of years only used a mobile phone very occasionally (just a few minutes per month on average), I'd noticed for quite some time that I couldn't stand phone calls that lasted more than a few tens of seconds. My forehead went red, if I was standing up I felt dizzy, my thoughts didn't flow as usual, my scalp itched, I felt sick and got more and more irritated.

All this was quite enough to make me adopt the famous "precautionary principle", which people wave about nowadays like a protective umbrella while avoiding any deeper commitment to the kind of legislation or discussion to pursue.

As a company director who aimed at a target of "zero error" and was always searching to understand the basic reason for any organisational shortcomings, I've also had plenty of chances to note the faulty reasoning, the forgetfulness, the lack of vigilance, the lapses in conversation or memory among people who use their mobile phones a great deal. A lack of responsiveness too.

The most striking thing is the way they can no longer tell the difference between things that are urgent and those that can wait, between what is important and what is not. So it seems to be their whole system of structuring their thought patterns that is affected.

All these mistakes are going to have a cost for businesses and thus for society, since some errors of judgement or lapses of memory could have serious consequences, causing accidents and so on.

I've even heard a whisper about a sales manager who used his mobile phone a great deal, dying from brain cancer.

But, you'll ask me, what kinds of scientific experiments are still absolutely essential for making a ruling on the harmfulness of this technology and, above all, who has decided that more experiments are still needed? You might have, perhaps - for me, I don't need any more proof.

So who is it? And what use are the studies that deny everything in the face of the masses of serious and specific cases? How can the evidence be ignored? Because, contrary to what they try to tell us, there are proofs in plenty.

Some of these proofs are to be found, strangely enough, in the fine print of your latest insurance contract for public liability. The insurance companies have excluded any cover for harm caused by electromagnetic radiation that might arise not only from using a mobile phone but from any other source. This has been in effect for several years, since 2003. This means in fact that the day the victims bring a case to court on health grounds against the mobile phone companies or against anyone who has rented out space for a relay antenna, they will only be able to pay for the proceedings out of their own funds or their own assets. Considering the number of people who will be affected in the long run, the compensation demanded will be astronomical - and therefore irrecoverable.

But it is not only the insurers of the wireless technology companies or of those renting out space for relay antennas who will be involved; the problem will also affect the public liability of companies that compel their employees to use this technology, or who have not paid enough attention to the rules for safety in the workplace. Others who will be faced with the same problem are those who have made use of a wi-fi network at home and thus made life difficult for their neighbours.

## **The last straw**

As the cherry on the cake (or rather, the last straw), on 23 October 2008 I took a mainline train, involving a 2-hour trip in a crowded carriage with someone on my left who never stopped fiddling with and piano-playing on his mobile for the entire journey. The left side of my face began to get hot and to tingle. As I realized later, I noticed the discomfort right away, but didn't quite grasp what it meant, unsure if it was really happening . . . Haven't we been told over and over again that "there isn't any proof"?

All the same, since all those months ago, I still feel the sensation, and the symptoms are still with me. At the time, from a short chat with my neighbour during the trip I got the distinct impression that I was talking to a zombie. Yet this was some sort of white-collar management type, who had been lobotomised but had never noticed.

Afterwards, from digging into the subject on the Internet I discovered a world I'd never known about until then: the world of artificial high-frequency electromagnetic waves - microwaves in fact, just the same as in an oven, though of course less intense.

I learned among other things that the radiation from a mobile phone is 100 times higher when the phone is in movement or is not receiving a clear signal, because that means it is continually in automatic search mode looking for the nearest relay antenna. All of which means that trains, buses and underground carriages have become veritable cages of high-intensity radiation.

Even if you leave your phone on when you're in the car you'll be irradiated, you and your passengers, whether you are using the phone or not.

If you think about it, radiation functions on a cumulative principle: 2 hours of sitting next to someone a few inches away (or in front of you or behind) whose phone is giving off 100 times the normal level of radiation, in a carriage where there are a hundred or more people: it's enough to give you the shivers when you add up the dose of radiation that is hitting you!

You can make the same kind of calculation when you're in a place where the phone signal is not good and there are lots of people walking about with their mobiles switched on; the result is the same, even though you are not going anywhere.

I don't find it too hard to do the maths - do you?

If the effects of radiation are completely invisible for most people, they are no longer so for those who are EHS (Electro-HyperSensitive), and who, without being given any choice in the matter, have become walking alarm signals and warning signs of a living hell.

Without making this little article too long but widening the ground that it covers, we should also mention the many other applications of wireless technology: Wi-Fi and WiMax for wireless Internet, UMTS (TMP, for mobile TV and Internet), DECT cordless phones, radar, Hertzian repeaters, wireless house alarms and doorbells, GPS, direct-line Internet with unshielded cables, security portals in shops, low-energy light bulbs, wireless games kits, microwave ovens and so on and so forth.

All these applications work on the principle of artificial electromagnetic HF microwaves, which are rarely compatible because they are of different frequencies.

Why do you suppose in-flight regulations say that mobile phones must be switched off, and that planes cannot function with mobile phones switched on once they reach 9000 feet, even for those equipped with special shielding that can tolerate electromagnetic compatibility above a radiation level of 3V/m?

In fact I believe that Belgium has forbidden having direct-line Internet with unshielded cables in private houses, because it disturbs planes when they are landing.

So how on earth can these microwaves be compatible with living things, when even other machines cannot stand them?

And who is taking the trouble to investigate whether this irradiating technology that is exploding in quantity and in variety is not going to be the downfall of man, when on the other side there are sirens singing to us that it is going to make life so much easier?

For me, not a week passes without hearing among my acquaintance of a suicide here, suicidal intentions there, insomnias, leukemia, tachycardia, eczema, epilepsy, intolerance of mobile phones, headaches, fits of anger and road rage, cancer, etc, etc.

Though these symptoms are of course not new, the rate at which they are increasing is too high to be the result of chance or of the financial crisis: + 30% in road accidents, +30% in suicides, for instance.

Those people who are know something about EM radiation will not be slow to make the connection between this increase and electro-stress, even if other people don't see it or avoid noticing it.

**So whether you yourself have a mobile phone or not, the problem is the same.**

Some people might say that I'm one of a minority who are more sensitive than most.

Probably so, but personally I'm sure of one thing: our senses and our sensitivity are faculties provided by the body in order to detect the dangers it encounters: people who have good vision avoid accidents, those sensitive to heat avoid getting burned, those who have good intuition avoid getting stabbed in the back - for instance.

So it's not because people don't feel anything that they are not in any danger; the only difference is their capacity to notice what is happening.

Feeling nothing only means that you see nothing, notice nothing, understand nothing. And if the sales manager I mentioned earlier had realized at the time the risk he was running, maybe he would have stopped using his mobile ... and maybe he would have avoided an untimely death!

When all is said and done, there have always been on one side those who sound the alarm, and on the other, from the bleating sheep rushing headlong over the edge of the cliff, a mindless stare.

To finish, I come back to the Government's information campaign (if you think it deserves the title) and more particularly to the campaign to prevent children from using mobile phones too much. As you can guess, I am not 4 years old or even 6: I'm 46. So it seems to me that the problem goes much further than the outline that the Secretary for Ecology, Chantal Jouanno, has so kindly drawn for us, soothing smile to the forefront so as not to send a shockwave through the populace.

As we have already mentioned, given the formidable economic weight focused on suppressing another public health scandal - until the day when the pandemic really takes off - the problem of making the truth heard is even greater now that for so many people their mobile phone has become an essential part of their persona, and just as addictive as drinking, smoking and taking drugs.

For proof, you only have to observe the bizarre attitudes that many people have towards their phone, and to see how much time they spend with their mobile in their hand and having deep conversations about phones and phone calls.

But more than anything, it's tragic.

All this is even more alarming from the point of view of mental health, the analysis and ordering of problems and of decision making, when we see how many of our company directors, managers, workmen, political leaders and even doctors have the "mobile mindset", and how often we see them with their mobile phone glued to their head.

Not long ago a government study estimated there had been something like 10,000 deaths from errors in medical diagnosis. Might there be a connection somewhere?

In view of the gale warning created by the economic crisis, hard times are ahead of us, and nobody is going to be over-endowed with functioning grey cells when it comes to trying to keep their own ship afloat - to say nothing of other people's - and avoiding complete shipwreck.

With the latest developments in the A H1N1 flu, everyone who is aware of the symptoms related to EM radiation knows that weakening of the immune system is another dangerous factor.

The coming together of these three perils is going to be interesting ...

I dread to think what will happen once the cocktail of heavy metal additives present in the flu vaccines infiltrates people's blood-brain barrier, which is scientifically proven to be weakened and made permeable by ambient artificial EM fields.

## **Epilogue**

From one day to the next, since that 23 October 2008, I can no longer stay in places where there are lots of people because of all their mobile phones: in trains, buses, cinemas, restaurants, public transport, hotels, salerooms, and so on. I get sick and remain so for several days afterwards, which amounts to a sentence of permanent exclusion from normal life.

I can no longer stand being close to electric wires or to low-energy bulbs, which give off EM radiation - and it goes on. My memory is not as good as it was and I have to make an effort to think coherently.

More and more people are being condemned to suffer the same symptoms. In France the percentage of people who are electro-sensitive is already up to 6%-8%; in Germany, where they are technology-mad, it is 10%. In California more than 40% suffer from EM radiation effects. The Governor of California is trying to get out of the regulations imposed by Washington so he can bring in his own more stringent health rules and fight against this plague, much to the chagrin of the phone companies.

These figures can only get higher, considering the exponential growth of exposure to electromagnetic radiation in the last 3 years. Some researchers see a correlation between the proportion of EHS in the population and the development of wireless gadgets and equipment.

Will your name be the next on this long list, which gets longer every day? If it's not yours it could well be one of those near and dear to you, affected directly or indirectly.

### ***From the particular to the general***

The issue of artificial electromagnetic microwave radiation now at large in our immediate environment is not a fiction, it's a sorry and glaring sign of the degree of gluttony into which our perverted consumer society has sunk. For anyone who makes the slightest effort to start digging, there are plenty of similar scandals to find: breast cancer and underarm deodorants, heavy metals in dental fillings and neuro-degenerative pathologies, plastic packaging (supposedly food standard!) and the dramatic drop in male fertility, and so forth.

We now realise that we are in an economic and financial crisis. Yet these have been on the horizon for the last 20 years, the inevitable outcome of the liberalisation of the economy and of financial and money affairs, but also of technology!

We know too that ecological catastrophes are highly probable in the future. How can we still imagine for a second that there are not health catastrophes brewing as well?

Do you think it's only the money men of the City or of Wall Street that deal in toxic assets? It's not only the financial sector that could trigger the collapse of the right ordering of the world!

All these crises come from the same source.

The consumer society has provided riches for us in the past, but is now in the process of destroying us through its four watchwords: consumption, cupidity, corruption, cowardice.

To put it simply, we have gone from the years of plenty to the years of trash, that's to say from the days of homegrown production of essential and long-lasting items that we needed, to the homegrown consumption of things that are useless, polluting and made to be thrown away, and which, to cap it all, are made in other countries!

That's what you call a reversal – or maybe decadence!

In the context of environmental pollution from artificial microwave radiation, it's a case of: "He who sows GSM, harvests the antennas."

It is high time for the public to deal with the situation, since the higher-ups won't do it because they are no longer capable of doing it. Being in office does not signify being intelligent, it has nothing to do with it, which may be the reason why certain corporations and organisations now have more power than certain governments.

It's time for the "citizens" of the post-war era, who in 20 years have become docile and willing milch cows - commonly called 'consumers' - to wake up and find out exactly what is happening and take determined action. They now have the power and the duty to act, and the results would be effective immediately without the need to campaign for any changes in the law.

Great rivers can only start from little streams.

It's time for every penny to be spent only after careful consideration of the product and thus of the company behind it.

Buying something means encouraging, backing and approving the choices made by the suppliers.

Not buying, not renewing non-essential subscriptions and sticking to the things that are really necessary means boycotting.

It's time for those who complain of not having work to ask themselves, "who am I giving work to?" when they buy something.

It's time for those who are worrying about their pensions to ask themselves, "who am I giving work to?" when they buy something.

It's pointless to be shocked by the dividends paid to shareholders. Without customers there wouldn't be any turnover, and without turnover there have never been any dividends...and even less so, any corruption.

Believe me, the loss of turnover (and above all of profit margins) could become the death-knell for those companies that ignore the common good, and the salvation of our environment and our future.

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This article will not do any good unless it is passed on to as many people as possible, and unless it prompts real action.

If you are convinced, I invite you to copy and paste the link to this PDF

[http://www.next-up.org/pdf/Testimony\\_Dominique\\_I've\\_been\\_irradiated\\_by\\_electromagnetic\\_fields\\_12\\_11\\_2009.pdf](http://www.next-up.org/pdf/Testimony_Dominique_I've_been_irradiated_by_electromagnetic_fields_12_11_2009.pdf)  
and to send it to everyone on your list, and then to take whatever action you consider necessary.

If you are not convinced, I invite you to find out the facts for yourself, and to contact or even join one of the voluntary organisations that work hard for the general good in the domain of electromagnetic radiation:

<http://www.emfacts.com/weblog>

<http://www.emrnetwork.org>

<http://www.radiationresearch.org>

<http://www.tetrawatch.net>

<http://www.mast-victims.org>

<http://www.next-up.org>

<http://www.microwavenews.com>

<http://omega.twoday.net/topics/EMF+-+Omega+-+News/>