

# INFORMATIONS RADIATIONS.

Radiation from cell phones is far from being as harmless as we have been told by cell phone companies.

Therefore, in order to act responsibly, the Chamber of Doctors in Vienna, Austria, has decided to inform people about potential medical risks.



## 10 HEALTH RULES concerning mobile phone use !

- As a rule, use your cell phone as little and as briefly as possible  
Children and teenagers under 16 should never use one !
- Never hold the handset near your head when calling !
- Never use in vehicles (car, bus, train, . . . radiation is higher) !
- Hold your cell phone as far as possible from your body when sending a SMS !
- Always keep several meters distant from other people when calling, in order not to irradiate them !
- Never keep your cell phone in your pocket, radiations may affect male fertility.
- Always switch your cell phone off at night and never keep it near your head !
- Never use a cell phone to play games !
- Headsets may also be unsafe; cables may conduct radiation !
- All wireless networks, local networks, WiFi and/or UMTS produce high levels radiation !

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